

החברה הישראלית
לאורוגינקולוגיה
ורצפת האגן



האיגוד הישראלי
למיילדות וגינקולוגיה

The Annual Conference of the Israeli Society of Urogynecology and Pelvic Floor

Nea Hotel, Shavei Zion, Israel

April 26th – 27th, 2018





Scientific program

Thursday, April 26th, 2018

- 16:00 – 16:20:** Coffee and light refreshments, Exhibition
- 16:20 – 16:30:** Opening remarks
- 16:30 – 17:20:** Plenary Session – Clinical Challenges
Chairman: Dr. Zvika Klein, Dr. Robert Molnar
- 16:30 – 16:50 *Anatomic Navigation Tools for the Pelvic Reconstructive Surgeon.*
Prof. Yoram Abramov, Carmel, Haifa
- 16:50 – 17:10 *Pelvic Congestion syndrome - Gynecologist's perspective.*
Dr. Eric Ohanna, Soroka, Beer Sheba
- 17:15 – 18:10:** Plenary Session – Perineal Protection
Chairman: Dr. Yuval Lavy, Dr. Eyal Goldsmidt
- 17:15 – 17:50 *Can We Prevent Childbirth-Related Pelvic Floor Dysfunction?*
Guest lecturer – Prof. Bob freeman, Plymouth, UK
- 17:50 – 18:10 *Initiation of a PFMT program immediately after childbirth.*
Dr. Michal Liebergall, RN, PhD, Hadassah, Ein karem, Jerusalem
- 18:10 – 19:45:** Plenary Session – Hysterectomy
Chairman: Dr. David Shveiky, Prof. David Gordon
- 18:10 – 18:50 *The Preferred Route of Hysterectomy for Benign Indications - Case Presentations & Panel discussion.*
Panel members: Dr. Nir Haya, Dr. Genadi Bitman. Dr. Avi Ben-Shushan, Dr. Eric Ohanna
- 18:50 – 19:40 *Deconstructing TVH (Total Vaginal Hysterectomy): access, volume reduction, and adnexectomy*
Guest lecturer – Dr. Andrew I Sokol, Washington, DC, USA
- 19:45 – 20:30:** Dinner



Friday April 27th, 2018

- 08:30 – 09:20: Research Session 1: Abstracts**
Chairman: Dr. Gil Levy, Dr. Victoria Kapustian, Dr. Adi Weintraub
- 09:20 – 10:40: Plenary session – Overactive Bladder (Supported by Astellas & Pfizer)**
Chairman: Dr. Elad Leron, Dr. Anna Padua
- 09:20 – 09:40 *The Role of the Physical Therapist in the Treatment Of OAB.*
Liat Shick-Naveh, BPT, MPH, Hadassah, Mt. Scopus, Jerusalem
- 09:40 – 10:10 *The ART of Adherence to Medical Treatment in Chronic Disease.*
Dr. Itzik Levi, Sheba, Tel HaShomer
- 10:10 – 10:40 *Nocturia and Sleeping.*
Prof. Giora Pillar, Carmel, Haifa
- 10:40 – 10:50: Chairman's Address – Dr. Shimon Ginath**
- 10:50 – 11:20: Coffee and light refreshments, Exhibition**
- 11:20 – 11:50: Plenary session – Laparoscopic Sacrocolpopexy**
Chairman: Prof. Lior Lowenstein, Prof. Menachem Alkalay
Pearls and tips for efficient sacral colpopexy.
Guest lecturer – Dr. Andrew I Sokol, Washington, DC, USA
- 11:50 – 12:40: Plenary session – Stress Urinary Incontinence**
Chairman: Dr. Revital Arbel, Prof. Krissi Haim
- 11:50 – 12:10 *Current Status of the Surgical Treatment of USI in UK.*
Guest lecturer – Prof. Bob freeman, Plymouth, UK.
- 12:10 – 12:35 *Updated Guideline.*
Prof. Osnat Groutz
- 12:35 – 12:45 Open Discussion
- 12:45 – 13:25: Research Session 2: Abstracts**
Chairman: Prof. Menahem Neuman, Dr. Ruth Geist, Dr. Yohai David
- 13:25 – 14:00: Lunch**
- 14:00 – 14:30: Cinema Paradiso: Video & Popcorn**
Chairman: Dr. Ronen Gold, Dr. Sarit Barak
- 14:30 – 15:00: Debate: Cystoscopy in pelvic surgery: Mandatory or Restricted**
Chairman: Dr. Alexander Condrea, Dr. Shlomo Shimonovitz
- 14:00 – 14:10 *Mandatory* – Dr. Benny Feiner
- 14:10 – 14:20 *Restricted* – Dr. Naama Marcus Braun
- 14:20 – 14:30 Open discussion

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15:00 – 15:10: **Rami Langer Award for Excellent Research** (*Sponsored by Pfizer inc.*)
Prof. David Gordon, Dr. Shimon Ginath

15:10 – 15:15: Closing Remarks

Scientific Committee:

Dr. David Shveiky
Dr. Benny Feiner
Prof. Krissi Haim
Dr. Zvika Klein
Dr. Adi Weintraub



Professor Bob Freeman

Consultant in Urogynaecology in Plymouth UK.

Bob is Immediate Past President of the International Urogynecology Association (IUGA) and was Past Chairman of the British Society of Urogynecology (BSUG).

He trained in Dundee in Scotland and while working there in Urology researched the psychological aspects of overactive bladder for which he obtained his MD.

In Plymouth he set up a clinical and research Urogynecology unit which has studied clinically important issues such as prevention of postpartum stress incontinence, the complications of incontinence surgery, the reasons for failure of prolapse surgery (in

particular the anterior repair) and the effects of weight loss on urinary incontinence. The work has highlighted the importance of preventative measures such as pelvic floor muscle training. The unit is a Royal College of Obstetrics and Gynaecology (RCOG) approved center for subspecialty training.

He has with others, highlighted concerns related to the increasing incidence of OASIS. He helped in establishing an OASIS 'Care Bundle' for prevention with the RCOG and Royal College of Midwifery. Currently this is being piloted in 16 centers in the UK.

A further collaboration is now addressing the issue of risk factors for obstetric pelvic floor dysfunction, in particular urinary incontinence and prolapse, and their prevention.

He is a co-inventor of the Episcissors-60, which were first developed in Plymouth. He was a scientific editor for the International Urogynecology Journal and before that for the British Journal Obstetrics and Gynecology.

He helped set up the British Society of Urogynecology as founding Secretary, and subsequently became Chairman.

He chaired the Terminology committee for IUGA and was a member of the Standardization Steering committee of the International Continence Society (ICS) helping to form a collaboration between the two societies, which has produced several standardization reports on female pelvic floor dysfunction.

He was elected Vice-President of IUGA by its members in 2013 and then President from 2015-2017. During this time, he helped restructure the organization.



Dr. Andrew Sokol

Dr. Andrew Sokol is a Professor of OB/GYN and Urology at Georgetown University Medical School, in Washington, DC and a board-certified Female Pelvic Medicine and Reconstructive Surgeon at MedStar Washington Hospital Center.

As an internationally recognized expert in vaginal and laparoscopic pelvic floor surgery, Dr. Sokol holds numerous leadership positions and has served on the Board of Directors for the American Association of Gynecologic Laparoscopists (AAGL). He has also held numerous leadership positions in the prestigious Society of Gynecologic Surgeons as well as the American Urogynecologic Society.

Dr. Sokol graduated with Phi Beta Kappa honors from the University of Michigan and then earned his medical degree with Alpha Omega Alpha honors from Wayne State University School of Medicine in Detroit in 1998. After completing an OB/GYN residency at Northwestern University in Chicago, IL in 2002, he completed a combined fellowship in Minimally Invasive Surgery and Female Pelvic Medicine and Reconstructive Surgery at The Cleveland Clinic Foundation in Cleveland, Ohio, in 2005.

Dr. Sokol is the Editor of a gynecology textbook entitled *The Requisites in Obstetrics and Gynecology: General Gynecology* (Elsevier, 2007) and has authored over 45 peer-reviewed manuscripts and book chapters. Additionally, he has produced a number of award-winning surgical videos and won numerous awards for his teaching and research.

Dr. Sokol's research interests include surgical management of pelvic organ prolapse and urinary incontinence, biomaterials (e.g., mesh) and pelvic reconstructive surgery. He is actively involved in clinical research trials that focus on surgical therapy for pelvic organ prolapse and stress urinary incontinence, as well as minimally invasive surgical teams.