





The Annual Conference of the Israeli Society of Urogynecology and Pelvic Floor

Nea Hotel, Shavei Zion, Israel

April 26th – 27th, 2018









Scientific program

Thursday, April 26th, 2018

16:00 – 16:20: Coffee and light refreshments, Exhibition

16:20 – 16:30: Opening remarks

16:30 – 17:20: Plenary Session – Clinical Challenges

Chairman: Dr. Zvika Klein, Dr. Robert Molnar

16:30 – 16:50 Anatomic Navigation Tools for the Pelvic Reconstructive Surgeon.

Prof. Yoram Abramov, Carmel, Haifa

16:50 – 17:10 Pelvic Congestion syndrome - Gynecologist's perspective.

Dr. Eric Ohanna, Soroka, Beer Sheba

17:15 – 18:10: Plenary Session – Perineal Protection

Chairman: Dr. Yuval Lavy, Dr. Eyal Goldsmidt

17:15 – 17:50 Can We Prevent Childbirth-Related Pelvic Floor Dysfunction?

Guest lecturer - Prof. Bob freeman, Plymouth, UK

17:50 – 18:10 Initiation of a PFMT program immediately after childbirth.

Dr. Michal Liebergall, RN, PhD, Hadassah, Ein karem, Jerusalem

18:10 – 19:45: Plenary Session – Hysterectomy

Chairman: Dr. David Shveiky, Prof. David Gordon

18:10 – 18:50 The Preferred Route of Hysterectomy for Benign Indications -

Case Presentations & Panel discussion.

Panel members: Dr. Nir Haya, Dr. Genadi Bitman. Dr. Avi Ben-

Shushan, Dr. Eric Ohanna

18:50 – 19:40 Deconstructing TVH (Total Vaginal Hysterectomy): access,

volume reduction, and adnexectomy

Guest lecturer - Dr. Andrew I Sokol, Washington, DC, USA

19:45 - 20:30: Dinner







Friday April 27th, 2018

08:30 - 09:20: Research Session 1: Abstracts

Chairman: Dr. Gil Levy, Dr. Victoria Kapustian, Dr. Adi Weintraub

09:20 – 10:40: Plenary session – Overactive Bladder (Supported by Astellas & Pfizer)

Chairman:, Dr. Elad Leron, Dr. Anna Padua

09:20 – 09:40 The Role of the Physical Therapist in the Treatment Of OAB.

Liat Shick-Naveh, BPT, MPH, Hadassah, Mt. Scopus, Jerusalem

09:40 – 10:10 The ART of Adherence to Medical Treatment in Chronic Disease.

Dr. Itzik Levi, Sheba, Tel HaShomer

10:10 – 10:40 Nocturia and Sleeping.

Prof. Giora Pillar, Carmel, Haifa

10:40 – 10:50: Chairman's Address – Dr. Shimon Ginath

10:50 – 11:20: Coffee and light refreshments, Exhibition

11:20 – 11:50: Plenary session – Laparoscopic Sacrocolpopexy

Chairman: Prof. Lior Lowenstein, Prof. Menachem Alkalay

Pearls and tips for efficient sacral colpopexy.

Guest lecturer - Dr. Andrew I Sokol, Washington, DC, USA

11:50 – 12:40: Plenary session – Stress Urinary Incontinence

Chairman: Dr. Revital Arbel, Prof. Krissi Haim

11:50 – 12:10 Current Status of the Surgical Treatment of USI in UK.

Guest lecturer - Prof. Bob freeman, Plymouth, UK.

12:10 – 12:35 *Updated Guideline.*

Prof. Osnat Groutz

12:35 – 12:45 Open Discussion

12:45 – 13:25: Research Session 2: Abstracts

Chairman: Prof. Menahem Neuman, Dr. Ruth Geist, Dr. Yohai David

13:25 - 14:00: Lunch

14:00 – 14:30: Cinema Paradiso: Video & Popcorn

Chairman: Dr. Ronen Gold, Dr. Sarit Barak

14:30 – 15:00: Debate: Cystoscopy in pelvic surgery: Mandatory or Restricted

Chairman:, Dr. Alexander Condrea, Dr. Shlomo Shimonovitz

14:00 – 14:10 Mandatory – Dr. Benny Feiner

14:10 – 14:20 Restricted – Dr. Naama Marcus Braun

14:20 – 14:30 Open discussion



15:00 – 15:10: Rami Langer Award for Excellent Research (Sponsored by Pfizer inc.)

Prof. David Gordon, Dr. Shimon Ginath

15:10 – 15:15: Closing Remarks

Scientific Committee:

Dr. David Shveiky

Dr. Benny Feiner

Prof. Krissi Haim

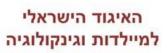
Dr. Zvika Klein

Dr. Adi Weintraub

החברה הישראלית לאורוגינקולוגיה ורצפת האגן









Professor Bob Freeman

Consultant in Urogynaecology in Plymouth UK. Bob is Immediate Past President of the International Urogynecology Association (IUGA) and was Past Chairman of the British Society of Urogynecology (BSUG).

He trained in Dundee in Scotland and while working there in Urology researched the psychological aspects of overactive bladder for which he obtained his MD. In Plymouth he set up a clinical and research Urogynecology unit which has studied clinically important issues such as prevention of postpartum stress incontinence, the complications of incontinence surgery, the reasons for failure of prolapse surgery (in

particular the anterior repair) and the effects of weight loss on urinary incontinence. The work has highlighted the importance of preventative measures such as pelvic floor muscle training. The unit is a Royal College of Obstetrics and Gynaecology (RCOG) approved center for subspecialty training.

He has with others, highlighted concerns related to the increasing incidence of OASIS. He helped in establishing an OASIS 'Care Bundle' for prevention with the RCOG and Royal College of Midwifery. Currently this is being piloted in 16 centers in the UK.

A further collaboration is now addressing the issue of risk factors for obstetric pelvic floor dysfunction, in particular urinary incontinence and prolapse, and their prevention.

He is a co-inventor of the Episcissors-60, which were first developed in Plymouth. He was a scientific editor for the International Urogynecology Journal and before that for the British Journal Obstetrics and Gynecology.

He helped set up the British Society of Urogynecology as founding Secretary, and subsequently became Chairman.

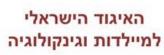
He chaired the Terminology committee for IUGA and was a member of the Standardization Steering committee of the International Continence Society (ICS) helping to form a collaboration between the two societies, which has produced several standardization reports on female pelvic floor dysfunction.

He was elected Vice-President of IUGA by its members in 2013 and then President from 2015-2017. During this time, he helped restructure the organization.

החברה הישראלית לאורוגינקולוגיה ורצפת האגן







Dr. Andrew Sokol

Dr. Andrew Sokol is a Professor of OB/GYN and Urology at Georgetown University Medical School, in Washington, DC and a board-certified Female Pelvic Medicine and Reconstructive Surgeon at MedStar Washington Hospital Center.

As an internationally recognized expert in vaginal and laparoscopic pelvic floor surgery, Dr. Sokol holds numerous leadership positions and has served on the Board of Directors for the American Association of Gynecologic Laparoscopists (AAGL). He has also held numerous leadership positions in the prestigious Society of Gynecologic Surgeons as well as the American Urogynecologic Society.

Dr. Sokol graduated with Phi Beta Kappa honors from

the University of Michigan and then earned his medical degree with Alpha Omega Alpha honors from Wayne State University School of Medicine in Detroit in 1998. After completing an OB/GYN residency at Northwestern University in Chicago, IL in 2002, he completed a combined fellowship in Minimally Invasive Surgery and Female Pelvic Medicine and Reconstructive Surgery at The Cleveland Clinic Foundation in Cleveland, Ohio, in 2005.

Dr. Sokol is the Editor of a gynecology textbook entitled The Requisites in Obstetrics and Gynecology: General Gynecology (Elsevier, 2007) and has authored over 45 peer-reviewed manuscripts and book chapters. Additionally, he has produced a number of award-winning surgical videos and won numerous awards for his teaching and research.

Dr. Sokol's research interests include surgical management of pelvic organ prolapse and urinary incontinence, biomaterials (e.g., mesh) and pelvic reconstructive surgery. He is actively involved in clinical research trials that focus on surgical therapy for pelvic organ prolapse and stress urinary incontinence, as well as minimally invasive surgical teams.